

# Character Involuntary Memory Worksheet

A food that is only available in my setting is \_\_\_\_\_.

You would probably compare it to \_\_\_\_\_.

The other characters consider it \_\_\_\_\_.

A food tradition that is unique to the area where I live is \_\_\_\_\_

\_\_\_\_\_.

Last night for dinner I had \_\_\_\_\_.

When I want comfort food I reach for \_\_\_\_\_.

A specific memory I associate with that food is \_\_\_\_\_

\_\_\_\_\_.

I  Have /  Have not ever had to grow and/or kill my own food. My best or worst experience with this is \_\_\_\_\_

\_\_\_\_\_.

If my setting allows for this: The last time I went out to eat for a celebration, it was at a/an \_\_\_\_\_ restaurant. I ordered \_\_\_\_\_.

The first time I went to that same restaurant was for \_\_\_\_\_.

When I travel, I like to stop at \_\_\_\_\_.

A specific memory I associate with this is \_\_\_\_\_

\_\_\_\_\_.

A food that makes me feel let down or deprived is: \_\_\_\_\_.

A specific memory I associate with this is \_\_\_\_\_

\_\_\_\_\_.

In my fridge/gear bag/stasis pod right now there's \_\_\_\_\_  
\_\_\_\_\_.

A food I hate that one of the other characters loves is \_\_\_\_\_.

If they eat it in my presence, I respond by \_\_\_\_\_.

The oddest thing I've ever eaten is \_\_\_\_\_  
\_\_\_\_\_.

The flavor that always brings me back to childhood is \_\_\_\_\_.

A specific memory I associate with this is \_\_\_\_\_  
\_\_\_\_\_.

When we went to my grandmother's house (or other close relative), we would eat/drink  
\_\_\_\_\_.

The best meal I ever had was \_\_\_\_\_.

The worst meal I ever had was \_\_\_\_\_.

I associate strong memories with:

Food: \_\_\_\_\_

Memory: \_\_\_\_\_  
\_\_\_\_\_

Food: \_\_\_\_\_

Memory: \_\_\_\_\_  
\_\_\_\_\_

Food: \_\_\_\_\_

Memory: \_\_\_\_\_  
\_\_\_\_\_